



# Adding Medication to an Elastomeric Device

## ***Follow these Steps to Draw Up Medications or Vitamins***

Three Components for Adding Medications:

1. Practice good hand-washing
2. Prepare supplies
3. Add Medication

Medication(s) to add: \_\_\_\_\_

Home Infusion Nurse (name, #): \_\_\_\_\_

Home Infusion Pharmacist (name, #): \_\_\_\_\_

Practice good hand-washing. Always wash hands when instructed. Soap and water best. Hand sanitizer (optional). Wash for a full 20 seconds or rub until dry.

### ***STEP 1: PRACTICE GOOD HAND-WASHING.***


Always remember to **WASH YOUR HANDS** for a full 20 seconds when instructed.

- Soap and water is always best. If soap and water are not available, hand sanitizer is ok.
- Make it a habit to wet your hands, apply soap, and lather for 20 seconds. Hum the Happy Birthday song twice.
- If using hand sanitizer, rub a dime-sized amount between your hands until dry. Never wave or blow on your hands to speed up drying.
- Remember, if using gloves, you must still wash your hands when instructed.
- Washing your hands helps reduce your chance of infection.

### ***STEP 2: PREPARE SUPPLIES***

- Note the time you are supposed to add the medication to the medication ball. Remember to do this every day unless your pharmacist says otherwise.
- Note how long your medication should be left at room temperature: \_\_\_\_\_
- Remove your medication from the fridge if refrigerated. Compare your medication with your orders to check the following:
  - Medication has my name and date of birth.
  - Medication name is correct.
  - Medication dose is correct.
  - Medication is not expired.
  - If any of this information is incorrect, stop and call your home infusion pharmacist immediately
- Locate a clean dry work space. Clean your workspace and SAS or SASH mat with a cleaning solution.
  - Find a dry, hard work surface to set up your medication and supplies
- **WASH YOUR HANDS.**
  - Soap and water are best. Use hand sanitizer if soap and water are not available.



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- Wash for 20 seconds (hum the Happy Birthday song twice) or rub with hand sanitizer until your hands are dry.
  - Gather the following supplies and place on your workspace. Do not put this on top of your SAS or SASH mat yet.
    - Syringe with medication
    - Medication ball or eclipse ball
    - 2 alcohol pads
  - **WASH YOUR HANDS.**
    - Soap and water are best. Use hand sanitizer if soap and water are not available.
    - Wash for 20 seconds (hum the Happy Birthday song twice) or rub with hand sanitizer until your hands are dry.
  - Arrange your alcohol pads, medication syringe and medication bag with attached tubing above your SAS or SASH mat in their respective location. Don't put them on the mat yet.
    - "S" = Saline
    - "A" = Administer (includes your medication bag and attached tubing)
    - "S" = Saline

### ***Step 3: Add medication***

- Unwrap an alcohol pad and place it on the SASH mat on the "A" part of the SASH mat.
- Remove the cap from the ball.
  - The cap is opposite the tubing. Place the cap on the alcohol pad flat side down. Do not let the cap touch anything.
  - Underneath the cap is the port. Place an alcohol pad underneath the port. Do not let the port touch anything.
- Twist the cap off of the medication syringe. Place the cap flat side down on the "A" part of the SAS/H mat.
- Twist the tip of the syringe clockwise onto the port on the ball until it holds.
- Push the plunger on the syringe all the way in to inject the medicine into the ball.
- Twist the syringe counterclockwise to remove it from the ball. ***DO NOT LET THE PORT TOUCH ANYTHING!***
- Pick up the cap from the SAS/H mat without touching the inside of the cap. Twist the cap back on the port on the ball.
- Follow the instructions about how to connect the medicine ball to your IV.

***If you have any questions, please contact your home health nurse.***

